



University of Colorado
Swim & Dive Club

Dual Meet November 14, 2009 10:00 AM

Teams:

University of Colorado Swim & Dive
Metro State Club Team

Thank you for coming to support our club. We would like
to thank our officials for their time officiating this meet.

CU Swim and Dive Club



University of Colorado Swim and Dive Club
Metro State Dual Meet
November 14, 2009

Event 16-17 100 Fly
Event 18-19 400 IM
Event 20-21 400 Free Relay
Event 22-23 1650 Free Relay
Event 24-25 400 16-24 Relay
Event 26-27 500
Event 28-29 200
Event 30-31 100 Free

Host: University of Colorado at Boulder Swimming and Diving Club
Personnel: Meet Director: Colin Finch (720-628-7410)
Entries & President: Lindsay Spangler (720-771-1265)

Location: University of Colorado Recreation Center
UCB 355, Boulder, CO 80309-0355

Course Description: Format is short course yards. All Relay Events. There will be open warm-up starting at 9 am.

Deck Area: The deck area is open for all spectators, swimmers, coaches and officials.

Timing: Automatic timing with manual backup and one stopwatch per lane. If you have swimmers that are not swimming or volunteers, we would appreciate the help timing.

Format: CU vs. Metro Dual

Entry Procedure:
1) Send Hy-Tek file to _____

Entry Fees: None

Entry Deadline: Entries must be received before 5 PM on Wednesday, November 12, 2009.

Warm-up Schedule: There will be open warm-up in the main pool.
Saturday
Check-in: 8:50
Warm-up: 9:00-9:50
Coaches/Presidents Meeting 9:50 am
Start: 10:00-2:00

Parking: In the dirt parking lot below the Recreation Center. Coming into town on US-36 take a left on Colorado, then a right on Folsom. The next turn is hard to see but it is the second left. If you have reached Arapahoe you have gone to far. Park in the dirt lot and then walk up the hill. When you get to the top, take a right. You will pass the Del Ward Athletic Center on your left; the building directly in front of you is the Recreation Center.

- Event order:**
- Event 1-2 200 Medley Relay
 - Event 3-4 200 Free
 - Event 4-5 50 Breast
 - Event 6-7 100 Back
 - Event 8-9 100 IM
 - Event 10-11 500 Free
 - Event 12-13 50 Free
 - Event 14-15 200 Breast

Event 16-17 100 Fly
Event 18-19 400 IM
Event 20-21 400 Free Relay
Event 22-23 1650 (Combined Men's/Women's Heats)
Event 24-25 400 Medley Relay
Event 26-27 50 Fly
Event 28-29 200 Back
Event 30-31 100 Free
Event 32-33 200 IM
Event 34-35 200 Fly
Event 36-37 50 Back
Event 38-39 100 Breast
Event 40-41 200 Free Relay

ASA U. REGISTRATIONS: The host club is responsible for making sure that each and every participant at a sanctioned meet is registered with ASA U. This should be accomplished through close correspondence with attending teams long before the day of the meet.

Approval: This meet is held under approval of American Swimming Association. In granting this approval it is understood and agreed that American Swimming Association shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Eligibility: All entrants must be 2009-2010 American Swimming Association University League registered members in good standing.

Membership: If you are not yet a 2009-2010 ASA U. registered swimmer, complete your registration online under "JOIN ASA U. (click here)" in the sidebar of the "University" page on www.americanswimmingassociation.com or via this direct web address: <https://www.signmeup.com/56194>.

Rules: Rules will be in accordance with ASA published rules. Complete rules can be found at www.americanswimmingassociation.com and will be available at the meet.

Meet Referees: Anyone who is thoroughly familiar with ASA Rules and who can ensure a fair and honest competition in strict conformity to the rules can referee an ASA U. meet. No particular certification is required.

Entry Procedures: Before the meet, check the entries from each club against the registration lists for those teams sent to you in response to your Meet Sanction Request. If you did not receive a list of registrations, please email bridgerbell@mac.com. Please email bridgerbell@mac.com with names of teams or individuals whose registration status is in question.

Meet Check-in: You should have a check-in table for participating clubs. At check-in, any attendees who are not registered members of ASA U. will need to complete registration forms BEFORE participating in the meet. Under ASA Rules, every participant at a sanctioned competition must be a registered member of ASA in good standing. *Failure to ensure that all participants are registered ASA members will be grounds for revoking the meet sanction.* Have participants use the forms below to register with ASA U. at meet check-in (you must collect payment by check with the registration forms; payment may NOT be sent in separately or at a later date).

Rules: Have a hard copy of ASA Rules at the meet.

Results: After the event, have your meet referee email bridgerbell@mac.com, attaching a copy of the results (HTML file and full Meet Manager backup file) with a statement in the email that says (copy the statement below verbatim): "I acted to ensure a fair and honest competition conducted in strict conformity to ASA rules and hereby pledge my full confidence in the integrity of the attached results. Signed, [name]"

Event 1 Girls 200 Yard Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 Finals			
3	Cu-Boulder	C	2:15.15
	1) Andersen, Cailee JR	2) Still, Maggie FR	
	3) Zigich, Keeli FR	4) Knutson, Kelsey JR	
4	Cu-Boulder	A	2:00.00
	1) Fowler, Lauren JR	2) Sampl, Lauren SR	
	3) Simons, Alice FR	4) Scott, Ashley JR	
5	Cu-Boulder	B	2:10.02
	1) Ruppel, Alexa FR	2) Spangler, Lindsay SR	
	3) Schroeder, Anna SO	4) Gallery, Becca SO	
6	Mscd	A	NT
	1) Schler, Averill	2) Dobie, Kendra	
	3) Arnold, Colleen	4) Kollar, Anne	

Heat 1 Finals

2	Erlandson, Hannah	Mscd	NT
3	Sampl, Lauren	SR Cu-Boulder	NT
4	Still, Maggie	FR Cu-Boulder	36.63
5	Dobie, Kendra	Mscd	XNT
6	Folkestad, Brenna	Mscd	NT
7	Sampl, Emily	SR Cu-Boulder	NT

Event 6 Boys 50 Yard Breaststroke

Lane	Name	Yr	School	Seed Time
Heat 1 Finals				
2	Hinderberger, Eric		Mscd	NT
3	Murphy, Doug	FR	Cu-Boulder	32.32
4	Kreider, Nick	SO	Cu-Boulder	31.13
5	Saffold, Jordan	SO	Cu-Boulder	31.84
6	Wang, Nigel	SO	Cu-Boulder	NT
7	Gillespie, Mitch		Mscd	NT

Event 7 Girls 100 Yard Backstroke

Lane	Name	Yr	School	Seed Time
Heat 1 Finals				
3	Thorn, Taylor		Mscd	NT
4	Arnold, Colleen		Mscd	NT
5	Castillo, Meghann		Mscd	NT
Heat 2 Finals				
1	Wolley, Kara	SO	Cu-Boulder	NT
2	Babcock, Emmy	JR	Cu-Boulder	1:12.11
3	Fowler, Lauren	JR	Cu-Boulder	1:07.01
4	Andersen, Cailee	JR	Cu-Boulder	1:04.20
5	Simons, Alice	FR	Cu-Boulder	X1:07.01
6	Crawford, Kristi	JR	Cu-Boulder	1:09.01
7	Zigich, Keeli	FR	Cu-Boulder	1:13.11

Event 8 Boys 100 Yard Backstroke

Lane	Name	Yr	School	Seed Time
Heat 1 Finals				
1	Ales, Anthony		Mscd	NT
2	Wang, Nigel	SO	Cu-Boulder	1:10.10
3	Nester, Steve	JR	Cu-Boulder	1:01.01
4	Ruppel, Zach	JR	Cu-Boulder	59.59
5	Swanson, Peter	JR	Cu-Boulder	59.81
6	Murphy, Doug	FR	Cu-Boulder	1:05.55
7	Wilson, Sam		Mscd	NT
8	Meredith, Devin		Mscd	NT

Event 9 Girls 100 Yard IM

Lane	Name	Yr	School	Seed Time
Heat 1 Finals				
1	Wolley, Kara	SO	Cu-Boulder	NT
2	Dobie, Kendra		Mscd	XNT
3	Arnold, Colleen		Mscd	NT
4	Sertic, Natalie		Mscd	XNT
5	Baker, Ginni		Mscd	NT
6	Thorn, Taylor		Mscd	NT
7	Sampl, Emily	SR	Cu-Boulder	NT
Heat 2 Finals				

Event 2 Boys 200 Yard Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 Finals			
3	Mscd	A	NT
	1) Wilson, Sam	2) Gillespie, Mitch	
	3) Volz, Tyler	4) Conerly, Drew	
4	Cu-Boulder	A	1:44.44
	1) Erbsen, Jeremy FR	2) Nester, Steve JR	
	3) Carpenter, Brian JR	4) Wilson, Michael SO	
	Cu-Boulder	B	1:49.43
	1) Fanganello, Casey SO	2) Kreider, Nick SO	
	3) Olivera, Erik SO	4) Sorensen, Colin FR	

Event 3 Girls 200 Yard Freestyle

Lane	Name	Yr	School	Seed Time
Heat 1 Finals				
1	Sertic, Natalie		Mscd	NT
2	Schler, Averill		Mscd	NT
3	Tuomala, Kelly	FR	Cu-Boulder	2:12.12
4	Miller, Lizzie	SO	Cu-Boulder	2:04.02
5	Bland, Dori	JR	Cu-Boulder	2:08.02
6	Kollar, Anne		Mscd	NT
7	Baker, Ginni		Mscd	NT

Event 4 Boys 200 Yard Freestyle

Lane	Name	Yr	School	Seed Time
Heat 1 Finals				
3	James, John		Mscd	NT
4	Lozovyk, Alex		Mscd	XNT
5	Hinderberger, Eric		Mscd	XNT
Heat 2 Finals				
2	Meredith, Devin		Mscd	XNT
3	Erbsen, Jeremy	FR	Cu-Boulder	1:55.55
4	Deakyne, Bruce	SO	Cu-Boulder	1:52.52
	Parkinson, Graham	SO	Cu-Boulder	1:53.53
	Conerly, Drew		Mscd	NT
	Volz, Tyler		Mscd	NT

Event 5 Girls 50 Yard Breaststroke

Lane	Name	Yr	School	Seed Time
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University of Colorado

Metro Dual November 2009 - 11/14/2009
Meet Program

Lane	Name	Yr	School	Time
1	Choo, Sarah		Mscd	XNT
2	Sampl, Lauren	SR	Cu-Boulder	1:07.01
3	Scott, Ashley	JR	Cu-Boulder	1:06.01
4	Fowler, Lauren	JR	Cu-Boulder	1:06.01
5	Ruppel, Alexa	FR	Cu-Boulder	1:09.01
6	Schroeder, Anna	SO	Cu-Boulder	1:11.11
7	Crawford, Kristi	JR	Cu-Boulder	NT
8	Rayburg, Dara		Mscd	NT

Event 10 Boys 100 Yard IM

Lane Name	Yr	School	Seed Time
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Heat 1 Finals

1	Gonzales, Weston		Mscd	NT
2	Kreider, Nick	SO	Cu-Boulder	NT
3	Carpenter, Brian	JR	Cu-Boulder	1:04.01
4	Wilson, Michael	SO	Cu-Boulder	58.00
5	Erbsen, Jeremy	FR	Cu-Boulder	1:00.00
6	Alexander, Eric	JR	Cu-Boulder	NT
7	Murphy, Doug	FR	Cu-Boulder	NT
8	Sosnowski, Taylor	SO	Cu-Boulder	NT

Event 11 Girls 500 Yard Freestyle

Lane Name	Yr	School	Seed Time
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Heat 1 Finals

1	Tuomala, Kelly	FR	Cu-Boulder	5:57.55
2	Babcock, Emmy	JR	Cu-Boulder	6:10.16
3	Bland, Dori	JR	Cu-Boulder	5:45.45
4	Miller, Lizzie	SO	Cu-Boulder	5:25.25
5	Simons, Alice	FR	Cu-Boulder	5:35.35

Event 12 Boys 500 Yard Freestyle

Lane Name	Yr	School	Seed Time
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Heat 1 Finals

7	Nester, Steve	JR	Cu-Boulder	5:05.05
8	Conerly, Drew		Mscd	NT

Event 13 Girls 50 Yard Freestyle

Lane Name	Yr	School	Seed Time
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Heat 1 Finals

3	Castillo, Meghann		Mscd	XNT
4	Folkestad, Brenna		Mscd	NT
5	Howitt, Danetta		Mscd	NT

Heat 2 Finals

2	Arnold, Colleen		Mscd	NT
3	Sehler, Averill		Mscd	XNT
4	Rivera, Sama	FR	Cu-Boulder	31.13
5	Kollar, Anne		Mscd	NT
6	Rayburg, Dara		Mscd	XNT
7	Erlandson, Hannah		Mscd	NT

Heat 3 Finals

1	Leonard, Holly	SO	Cu-Boulder	27.73
2	Andersen, Cailee	JR	Cu-Boulder	27.51
3	Simons, Alice	FR	Cu-Boulder	26.62
4	Scott, Ashley	JR	Cu-Boulder	25.59
5	Knutson, Kelsey	JR	Cu-Boulder	26.60
6	Fox, Margaret	FR	Cu-Boulder	26.70
7	Still, Maggie	FR	Cu-Boulder	27.72
8	Fredette, Emily	FR	Cu-Boulder	30.03

Event 14 Boys 50 Yard Freestyle

Lane Name	Yr	School	Seed Time
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Heat 1 Finals

3	Sosnowski, Taylor	SO	Cu-Boulder	NT
4	Hinderberger, Eric		Mscd	NT
5	Volz, Tyler		Mscd	XNT

Heat 2 Finals

1	Gonzales, Weston		Mscd	NT
2	Ales, Anthony		Mscd	XNT
3	Sorensen, Colin	FR	Cu-Boulder	25.97
4	Boylan, Michael	FR	Cu-Boulder	23.74
5	Fanganello, Casey	SO	Cu-Boulder	24.66
6	Meredith, Devin		Mscd	NT
7	Lozovyk, Alex		Mscd	NT

Event 15 Girls 200 Yard Breaststroke

Lane Name	Yr	School	Seed Time
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Heat 1 Finals

1	Sampl, Emily	SR	Cu-Boulder	NT
2	Spangler, Lindsay	SR	Cu-Boulder	NT
3	Sampl, Lauren	SR	Cu-Boulder	2:52.52
4	Heyn-Brontis, Nicole	FR	Cu-Boulder	2:42.49
5	Gallery, Becca	SO	Cu-Boulder	2:43.42
6	Kelly, Tarah	SO	Cu-Boulder	NT
7	Bland, Dori	JR	Cu-Boulder	NT

Event 16 Boys 200 Yard Breaststroke

Lane Name	Yr	School	Seed Time
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Heat 1 Finals

3	Nemick, Greg	SR	Cu-Boulder	NT
4	Saffold, Jordan	SO	Cu-Boulder	2:31.32
5	Alexander, Eric	JR	Cu-Boulder	2:32.22

Event 17 Girls 100 Yard Butterfly

Lane Name	Yr	School	Seed Time
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Heat 1 Finals

3	Crawford, Kristi	JR	Cu-Boulder	1:15.11
4	Heyn-Brontis, Nicole	FR	Cu-Boulder	X1:08.22
5	Zigich, Keeli	FR	Cu-Boulder	1:14.11
6	Baker, Ginni		Mscd	NT

Event 18 Boys 100 Yard Butterfly

Lane Name	Yr	School	Seed Time
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Heat 1 Finals

1	Gillespie, Mitch		Mscd	NT
2	Lozovyk, Alex		Mscd	NT
3	Byrne, Chris	JR	Cu-Boulder	1:03.02
4	Ruppel, Zach	JR	Cu-Boulder	59.59
5	Swanson, Peter	JR	Cu-Boulder	59.81
6	Olivera, Erik	SO	Cu-Boulder	1:06.01
7	James, John		Mscd	NT
8	Sosnowski, Taylor	SO	Cu-Boulder	NT

Event 19 Girls 400 Yard IM

Lane Name	Yr	School	Seed Time
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Combined:

Heat	Finals	Yr	School	Seed Time
3	Dobic, Kendra	JR	Cu-Boulder	5:40.45
4	Scott, Ashley			NT

Event 20	Boys 400 Yard IM	Yr	School	Seed Time
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Heat 1	Finals	Yr	School	Seed Time
6	Volz, Tyler			NT

Event 21	Girls 400 Yard Freestyle Relay	Relay	Seed Time
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Heat 1	Finals	Relay	Seed Time
2	Mscd	A	NT
	1) Erlandson, Hannah		2) Thorn, Taylor
	3) Rayburg, Dara		4) Baker, Ginni
3	Cu-Boulder	A	3:55.54
	1) Tuomala, Kelly FR		2) Heyn-Brontis, Nicole FR
	3) Bland, Dori JR		4) Gallery, Becca SO

Event 22	Boys 400 Yard Freestyle Relay	Relay	Seed Time
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Heat 1	Finals	Relay	Seed Time
6	Cu-Boulder	A	3:25.54
	1) Parkinson, Graham SO		2) Deakyne, Bruce SO
	3) Erbsen, Jeremy FR		4) Swanson, Peter JR
7	Mscd	A	NT
	1) Conerly, Drew		2) Gillespie, Mitch
	3) James, John		4) Wilson, Sam

Event 23	Girls 1650 Yard Freestyle	Yr	School	Seed Time
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Heat 1	Finals	Yr	School	Seed Time
2	Schler, Averill			NT
3	Spangler, Lindsay	SR	Cu-Boulder	22:51.32

Event 24	Boys 1650 Yard Freestyle	Yr	School	Seed Time
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Heat 1	Finals	Yr	School	Seed Time
5	Deakyne, Bruce	SO	Cu-Boulder	17:33.71
6	Nester, Steve	JR	Cu-Boulder	17:33.71
7	Parkinson, Graham	SO	Cu-Boulder	17:33.71

Event 25	Girls 400 Yard Medley Relay	Relay	Seed Time
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Heat 1	Finals	Relay	Seed Time
2	Mscd	A	NT
	1) Kollar, Anne		2) Sertic, Natalie
	3) Choo, Sarah		4) Castillo, Meghann
	Cu-Boulder	A	4:44.44
	1) Fredette, Emily FR		2) Spangler, Lindsay SR
	3) Bland, Dori JR		4) Fox, Margaret FR

Event 26	Boys 400 Yard Medley Relay
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Lane	Team	Relay	Seed Time
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Heat 1	Finals	Relay	Seed Time
6	Cu-Boulder	A	3:58.19
	1) Byrne, Chris JR		2) Saffold, Jordan SO
	3) Deakyne, Bruce SO		4) Murphy, Doug FR
7	Mscd	A	NT
	1) Ales, Anthony		2) Hinderberger, Eric
	3) Lozovyk, Alex		4) Meredith, Devin

Event 27	Girls 50 Yard Butterfly	Yr	School	Seed Time
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Heat 1	Finals	Yr	School	Seed Time
1	Howitt, Danetta			NT
2	Arnold, Colleen			NT
3	Ruppel, Alexa	FR	Cu-Boulder	30.03
4	Scott, Ashley	JR	Cu-Boulder	X29.92
5	Fowler, Lauren	JR	Cu-Boulder	29.92
6	Dobie, Kendra			NT
7	Choo, Sarah			NT

Event 28	Boys 50 Yard Butterfly	Yr	School	Seed Time
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Heat 1	Finals	Yr	School	Seed Time
3	Gillespie, Mitch			XNT
4	Lozovyk, Alex			NT
5	James, John			XNT
Heat 2	Finals	Yr	School	Seed Time
1	Olivera, Erik	SO	Cu-Boulder	NT
2	Carpenter, Brian	JR	Cu-Boulder	27.29
3	Murphy, Doug	FR	Cu-Boulder	X26.26
4	Nemick, Greg	SR	Cu-Boulder	24.29
5	Swanson, Peter	JR	Cu-Boulder	24.30
6	Fanganello, Casey	SO	Cu-Boulder	26.33
7	Ales, Anthony			NT

Event 29	Girls 200 Yard Backstroke	Yr	School	Seed Time
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Heat 1	Finals	Yr	School	Seed Time
3	Schroeder, Anna	SO	Cu-Boulder	NT
4	Wolley, Kara	SO	Cu-Boulder	NT
5	Baker, Ginni			NT
6	Schler, Averill			NT

Event 30	Boys 200 Yard Backstroke	Yr	School	Seed Time
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Heat 1	Finals	Yr	School	Seed Time
3	Byrne, Chris	JR	Cu-Boulder	2:06.78
4	Deakyne, Bruce	SO	Cu-Boulder	XNT
5	Wilson, Sam			Mscd

Event 31	Girls 100 Yard Freestyle	Yr	School	Seed Time
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Heat 1	Finals	Yr	School	Seed Time
1	Gallery, Becca	SO	Cu-Boulder	NT
2	Rayburg, Dara			NT

of Colo
Heat 1 Finals
4 Cu-B

Yr	School	Seed Time
3	Lance, Krista SO Cu-Boulder Mscd	NT
4	Thorn, Taylor SO Cu-Boulder Mscd	NT
5	Schroeder, Anna SO Cu-Boulder Mscd	XNT
6	Erlandson, Hannah SO Cu-Boulder Mscd	XNT
7	Folkestad, Brenna SO Cu-Boulder Mscd	NT
8	Kollar, Anne SO Cu-Boulder Mscd	NT
Heat 2 Finals		
1	Sertic, Natalie FR Cu-Boulder Mscd	XNT
2	Fredette, Emily FR Cu-Boulder	1:01.01
3	Fox, Margaret FR Cu-Boulder	1:00.01
4	Simons, Alice FR Cu-Boulder	56.65
5	Leonard, Holly SO Cu-Boulder	58.85
6	Allen, Anneke FR Cu-Boulder	1:01.01
7	Castillo, Meghann SO Cu-Boulder Mscd	NT
8	Kelly, Tarah SO Cu-Boulder	NT

Event 32 Boys 100 Yard Freestyle

Yr	School	Seed Time
3	Alés, Anthony Mscd	NT
4	Conerly, Drew Mscd	NT
5	Gonzales, Weston Mscd	XNT

Yr	School	Seed Time
2	Sorensen, Colin FR Cu-Boulder	58.92
3	Saffold, Jordan SO Cu-Boulder	53.93
4	Wilson, Michael SO Cu-Boulder	47.54
5	Ruppel, Zach JR Cu-Boulder	51.51
6	Boylan, Michael FR Cu-Boulder	55.16
7	Meredith, Devin Mscd	NT

Event 33 Girls 200 Yard IM

Yr	School	Seed Time
3	Howitt, Danetta Mscd	NT
4	Heyn-Brontis, Nicole FR Cu-Boulder	2:21.99
5	Gallery, Becca SO Cu-Boulder	NT

Event 34 Boys 200 Yard IM

Yr	School	Seed Time
3	Wilson, Sam Mscd	NT
4	Gillespie, Mitch Mscd	NT
5	James, John Mscd	NT

Event 35 Girls 200 Yard Butterfly

Yr	School	Seed Time
2	Schroeder, Anna SO Cu-Boulder	NT

Event 36 Boys 200 Yard Butterfly

Yr	School	Seed Time
4	Parkinson, Graham SO Cu-Boulder	NT
5	Nemick, Greg SR Cu-Boulder	2:22.22
6	Byrne, Chris JR Cu-Boulder	NT
7	Volz, Tyler Mscd	NT

Event 37 Girls 50 Yard Backstroke

Yr	School	Seed Time
2	Rayburg, Dara Mscd	NT
3	Choo, Sarah Mscd	NT
4	Fowler, Lauren JR Cu-Boulder	X30.50
5	Ruppel, Alexa FR Cu-Boulder	31.50
6	Castillo, Meghann Mscd	NT
7	Kollar, Anne Mscd	XNT

Event 38 Boys 50 Yard Backstroke

Yr	School	Seed Time
4	Fanganello, Casey SO Cu-Boulder	28.19
5	Olivera, Erik SO Cu-Boulder	NT

Event 39 Girls 100 Yard Breaststroke

Yr	School	Seed Time
3	Sampl, Lauren SR Cu-Boulder	NT
4	Dobie, Kendra Mscd	NT
5	Sertic, Natalie Mscd	NT
Heat 2 Finals		
1	Erlandson, Hannah Mscd	NT
2	Thorn, Taylor Mscd	XN
3	Spangler, Lindsay SR Cu-Boulder	1:21.28
4	Heyn-Brontis, Nicole FR Cu-Boulder	1:18.43
5	Leonard, Holly SO Cu-Boulder	1:20.21
6	Allen, Anneke FR Cu-Boulder	1:23.21
7	Folkestad, Brenna Mscd	XNT

Event 40 Boys 100 Yard Breaststroke

Yr	School	Seed Time
2	Gonzales, Weston Mscd	NT
3	Wilson, Sam Mscd	NT
4	Kreider, Nick SO Cu-Boulder	1:08.01
5	Murphy, Doug FR Cu-Boulder	X1:12.12
6	Hinderberger, Eric Mscd	NT

Event 41 Girls 200 Yard Freestyle Relay

Relay	Seed Time
3 Cu-Boulder A	NT
1) Sampl, Emily SR	2) Tuomala, Kelly FR
3) Miller, Lizzie SO	4) Scott, Ashley JR
4 Mscd A	NT
1) Castillo, Meghann	2) Folkestad, Brenna
3) Howitt, Danetta	4) Rayburg, Dara
5 Cu-Boulder B	NT
1) Allen, Anneke FR	2) Rivera, Sama FR
3) Zigich, Keeli FR	4) Leonard, Holly SO

Event 42 Boys 200 Yard Freestyle Relay

Relay	Seed Time
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Seed Time
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Combined Events:

- 11/12 500 Free
- 19/20 400 IM
- 21/22 400 Free Relay
- 23/24 1650
- 25/26 400 medley Relay
- 35/36 200 Fly

Heat 1 Finals		A		1:32.32
4	Cu-Boulder	1) Fanganello, Casey SO	2) Olivera, Erik SO	
		3) Wilson, Michael SO	4) Nester, Steve JR	
Heat 1 Finals		A		NT
5	Misc	1) Volz, Tyler	2) Ales, Anthony	
		3) Lozovyk, Alex	4) Gonzales, Weston	

Event 44 Boys 25 Yard Butterfly Time Trial

Lane	Name	Yr	School	Seed Time
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Heat 1 Finals				
4	Nemick, Greg	SR	Cu-Boulder	NT

Event 46 Boys 25 Yard Backstroke Time Trial

Lane	Name	Yr	School	Seed Time
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Heat 1 Finals				
4	Byrne, Chris	JR	Cu-Boulder	NT

Event 47 Girls 25 Yard Breaststroke Time Trial

Lane	Name	Yr	School	Seed Time
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Heat 1 Finals				
2	Fox, Margaret	FR	Cu-Boulder	NT
3	Kelly, Tarah	SO	Cu-Boulder	NT
4	Cott, Ashley	JR	Cu-Boulder	16.57
5	Miller, Lizzie	SO	Cu-Boulder	17.61
6	Sampl, Emily	SR	Cu-Boulder	NT
7	Sampl, Lauren	SR	Cu-Boulder	NT

Event 48 Boys 25 Yard Breaststroke Time Trial

Lane	Name	Yr	School	Seed Time
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Heat 1 Finals				
4	Saffold, Jordan	SO	Cu-Boulder	NT

Event 49 Girls 25 Yard Freestyle Time Trial

Lane	Name	Yr	School	Seed Time
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Heat 1 Finals				
4	Sampl, Lauren	SR	Cu-Boulder	NT

Event 50 Boys 25 Yard Freestyle Time Trial

Lane	Name	Yr	School	Seed Time
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Heat 1 Finals				
4	Wilson, Michael	SO	Cu-Boulder	10.22
5	Boylan, Michael	FR	Cu-Boulder	10.35