

# LONG COURSE OVERALL FINAL RESULTS (with Team Score)

#	Last Name	First Name	Affiliation	Wave	Start Time	Finish Time	Swim Split	Run Split	Final Time	100 Pace	Mile Pace
113	Cranny	Bob	CU Swim	1	0:00:00	0:12:50	0:12:50	0:18:26	0:31:16	0:01:17	0:05:46
215	Coffin	Jeff	CU Tri	4	0:00:00	0:12:13	0:12:13	0:19:18	0:31:31	0:01:13	0:06:02
116	Ignatz	Ryan	CU Tri	4	0:00:00	0:13:39	0:13:39	0:17:55	0:31:34	0:01:22	0:05:36
108	Henry	JP	CU Tri	1	0:00:00	0:12:05	0:12:05	0:19:32	0:31:37	0:01:13	0:06:06
308	Romero	Ted	CU Swim	3	0:00:00	0:11:40	0:11:40	0:20:07	0:31:47	0:01:10	0:06:17
412	Hancock	John	CU Swim	4	0:00:00	0:12:00	0:12:00	0:20:30	0:32:30	0:01:12	0:06:24
409	Archer	Jimmy	CU Tri	4	0:00:00	0:13:06	0:13:06	0:19:25	0:32:31	0:01:19	0:06:04
310	Diehl	Scott	AFA	3	0:00:00	0:12:52	0:12:52	0:19:57	0:32:49	0:01:17	0:06:14
213	Flores	Billy	CU Swim	2	0:25:00	0:36:08	0:11:08	0:21:46	0:32:54	0:01:07	0:06:48
216	Gilbert	Sunny	CU Tri	4	0:00:00	0:13:07	0:13:07	0:20:47	0:33:54	0:01:19	0:06:30
411	Kelsey	Will	CU Tri	4	1:07:15	1:22:25	0:15:10	0:18:45	0:33:55	0:01:31	0:05:52
115	Dahl	Robert	CU Tri	2	0:25:00	0:38:46	0:13:46	0:20:49	0:34:35	0:01:23	0:06:30
309	Nierenberg	David	AFA	3	0:00:00	0:15:44	0:15:44	0:18:55	0:34:39	0:01:34	0:05:55
105	Falcone	Jeff	AFA	1	0:00:00	0:14:54	0:14:54	0:20:14	0:35:08	0:01:29	0:06:19
214	Bauer	Jake	CU Swim	2	0:25:00	0:36:55	0:11:55	0:23:27	0:35:22	0:01:12	0:07:20
315	Copeland	Cindy	CU Tri	3	0:46:20	1:01:26	0:15:06	0:20:27	0:35:33	0:01:31	0:06:23
314	Davis	Mike	CU Tri	3	0:46:20	1:00:38	0:14:18	0:21:46	0:36:04	0:01:26	0:06:48
312	Smoly	Keith	AFA	3	0:00:00	0:13:24	0:13:24	0:22:44	0:36:08	0:01:20	0:07:06
206	Klien	Rachel	CU Tri	2	0:00:00	0:13:20	0:13:20	0:23:18	0:36:38	0:01:20	0:07:17
306	Jacques	Phil	Student	3	0:46:20	0:59:43	0:13:23	0:23:19	0:36:42	0:01:20	0:07:17
303	Maxey	Melissa	CU Tri	3	0:46:20	0:59:26	0:13:06	0:23:38	0:36:44	0:01:19	0:07:23
107	Nielsen	Tyler	CU Tri	1	0:00:00	0:16:20	0:16:20	0:20:25	0:36:45	0:01:38	0:06:23
313	Rietze	Susan	AFA	3	0:46:20	0:58:44	0:12:24	0:24:25	0:36:49	0:01:14	0:07:38
302	Swetnam	Jeff	CU Tri	3	0:46:20	1:01:20	0:15:00	0:21:51	0:36:51	0:01:30	0:06:50
301	Forest	Alex	CU Tri	3	0:46:20	1:00:20	0:14:00	0:22:51	0:36:51	0:01:24	0:07:08
300	Neal	Melissa	CU Swim	1	0:00:00	0:11:53	0:11:53	0:25:07	0:37:00	0:01:11	0:07:51
101	Morris	Gerard	CU Swim	1	0:00:00	0:15:33	0:15:33	0:21:50	0:37:23	0:01:33	0:06:49
208	McConnell	Chris	AFA	2	0:25:00	0:42:12	0:17:12	0:20:14	0:37:26	0:01:43	0:06:19
305	McNichol	Sheila	CU Tri	3	0:46:20	1:01:22	0:15:02	0:22:39	0:37:41	0:01:30	0:07:05
205	Presley	Doug	AFA	2	0:00:00	0:17:31	0:17:31	0:20:13	0:37:44	0:01:45	0:06:19
211	Gosh	Amy	CU Swim	2	0:00:00	0:12:27	0:12:27	0:25:27	0:37:54	0:01:15	0:07:57
212	Valabrega	Fede	CU Swim	2	0:00:00	0:13:09	0:13:09	0:24:45	0:37:54	0:01:19	0:07:44
304	Cramer	Tessa	CU Tri	3	0:46:20	1:00:32	0:14:12	0:24:25	0:38:37	0:01:25	0:07:38
112	Vansteenwyk	Todd	AFA	1	0:00:00	0:14:10	0:14:10	0:24:28	0:38:38	0:01:25	0:07:39
202	Bonneau	Michelle	AFA	2	0:25:00	0:40:40	0:15:40	0:23:49	0:39:29	0:01:34	0:07:27
109	Hanson	Thomas	AFA	1	0:00:00	0:19:20	0:19:20	0:20:26	0:39:46	0:01:56	0:06:23
311	Hirst	Stephanie	AFA	3	0:00:00	0:12:23	0:12:23	0:27:24	0:39:47	0:01:14	0:08:34
103	Joynes	Johnna	CU Swim	1	0:00:00	0:14:03	0:14:03	0:25:58	0:40:01	0:01:24	0:08:07
104	Nelson	Kirk	CU Swim	1	0:00:00	0:14:48	0:14:48	0:25:22	0:40:10	0:01:29	0:07:56
207	Omohundro	Garrett	AFA	2	0:00:00	0:16:52	0:16:52	0:23:20	0:40:12	0:01:41	0:07:17
410	Julsen	Brian	CU Swim	4	1:07:15	1:19:56	0:12:41	0:27:35	0:40:16	0:01:16	0:08:37

106	Mayhew	Oscar	AFA	1	0:00:00	0:18:25	0:18:25	0:21:57	0:40:22		0:01:51	0:06:52
110	Ruotolo	Joe	AFA	1	0:00:00	0:18:05	0:18:05	0:22:44	0:40:49		0:01:49	0:07:06
203	Rice	Stephanie	AFA	2	0:25:00	0:42:25	0:17:25	0:24:02	0:41:27		0:01:45	0:07:31
316	Clarke	Lizzy	Student	3	0:46:20	0:59:05	0:12:45	0:29:02	0:41:47		0:01:17	0:09:04
209	Becker	Phil	AFA	2	0:00:00	0:20:25	0:20:25	0:21:37	0:42:02		0:02:02	0:06:45
307	Young	Lindsay	CU Swim	3	0:00:00	0:13:51	0:13:51	0:28:29	0:42:20		0:01:23	0:08:54
201	Brockman	Beth	AFA	2	0:25:00	0:41:06	0:16:06	0:26:33	0:42:39		0:01:37	0:08:18
100	Sullivan	James	CU Tri	1	0:00:00	0:21:03	0:21:03	0:22:40	0:43:43		0:02:06	0:07:05
200	Azzolina	Christina	CU Tri	2	0:25:00	0:41:34	0:16:34	0:27:45	0:44:19		0:01:39	0:08:40
111	Doyle	John	AFA	1	0:00:00	0:24:04	0:24:04	0:24:17	0:48:21		0:02:24	0:07:35

204	Wu	Mohica	AFA	2	0:00:00	0:17:31	0:17:31	No Time			0:01:45	#VALUE!
114	Anderson	Davin	CU Tri	1	0:00:00	0:12:01	0:12:01	No Time			0:01:12	#VALUE!
210	Rech	Brian	CU Swim	2	0:00:00	0:12:05	0:12:05	No Time			0:01:13	#VALUE!

### TEAM RESULTS - Scored by Top 3 Males and Females Combined

#### CU TRI TEAM

216	F	Gilbert	Sunny	CU Tri	4	0:00:00	0:13:07	0:13:07	0:20:47	0:33:54		
315	F	Copeland	Cindy	CU Tri	3	0:46:20	1:01:26	0:15:06	0:20:27	0:35:33		
206	F	Klien	Rachel	CU Tri	2	0:00:00	0:13:20	0:13:20	0:23:18	0:36:38		
215	M	Coffin	Jeff	CU Tri	4	0:00:00	0:12:13	0:12:13	0:19:18	0:31:31		
116	M	Ignatz	Ryan	CU Tri	4	0:00:00	0:13:39	0:13:39	0:17:55	0:31:34		
108	M	Henry	JP	CU Tri	1	0:00:00	0:12:05	0:12:05	0:19:32	0:31:37		

**Total 3:20:47**

#### CU SWIM TEAM

300	F	Neal	Melissa	CU Swim	1	0:00:00	0:11:53	0:11:53	0:25:07	0:37:00		
211	F	Gosh	Amy	CU Swim	2	0:00:00	0:12:27	0:12:27	0:25:27	0:37:54		
212	F	Valabrega	Fede	CU Swim	2	0:00:00	0:13:09	0:13:09	0:24:45	0:37:54		
113	M	Cranny	Bob	CU Swim	1	0:00:00	0:12:50	0:12:50	0:18:26	0:31:16		
308	M	Romero	Ted	CU Swim	3	0:00:00	0:11:40	0:11:40	0:20:07	0:31:47		
412	M	Hancock	John	CU Swim	4	0:00:00	0:12:00	0:12:00	0:20:30	0:32:30		

**Total 3:28:21**

#### USAF TRI TEAM

313	F	Rietze	Susan	AF	3	0:46:20	0:58:44	0:12:24	0:24:25	0:36:49		
202	F	Bonneau	Michelle	AF	2	0:25:00	0:40:40	0:15:40	0:23:49	0:39:29		
311	F	Hirst	Stephanie	AF	3	0:00:00	0:12:23	0:12:23	0:27:24	0:39:47		
310	M	Diehl	Scott	AF	3	0:00:00	0:12:52	0:12:52	0:19:57	0:32:49		
309	M	Nierenberg	David	AF	3	0:00:00	0:15:44	0:15:44	0:18:55	0:34:39		
105	M	Falcone	Jeff	AF	1	0:00:00	0:14:54	0:14:54	0:20:14	0:35:08		

**Total 3:38:41**